

Minimally Invasive Spine Surgery

from theory
to practice
(with cadaveric
specimens)

14th-16th

November
2025

Thessaloniki, Greece

Interbalkan Medical Center
(theoretical part)

Laboratory of Anatomy & Surgical Anatomy,
Aristotle University of Thessaloniki
(practical part)



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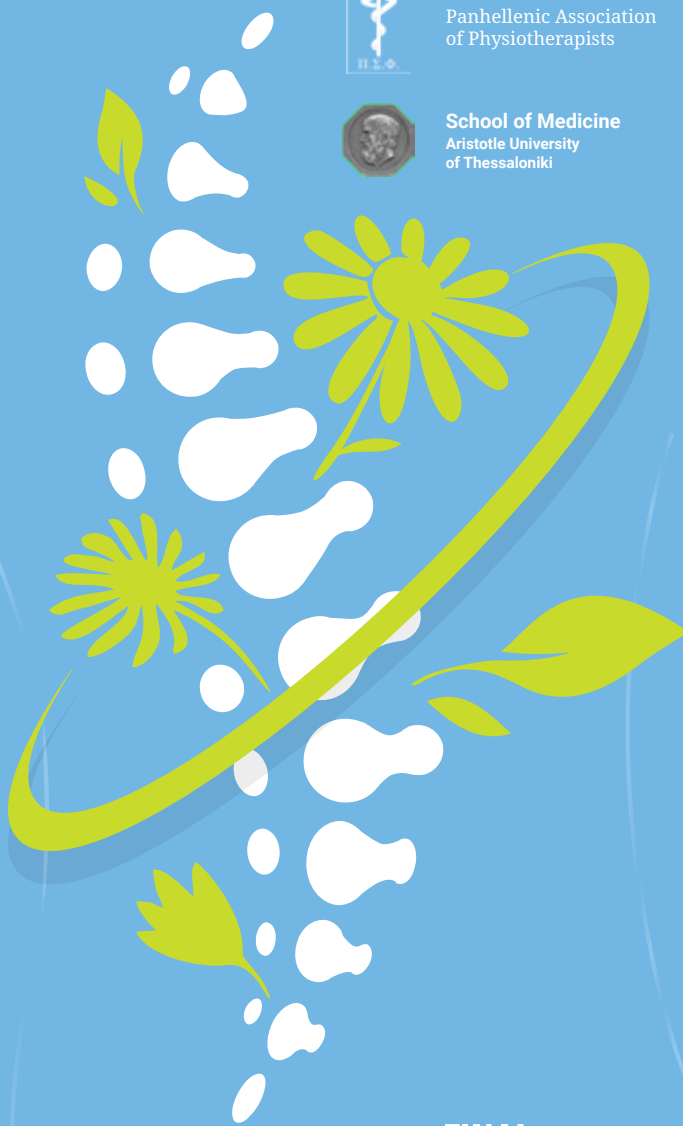
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WELCOME ADDRESS

Dear colleagues and friends,

As President of the Minimally Invasive Spine Surgery (MISS) Congress it is my great privilege to extend a heartfelt welcome to all of you for the MISS 2025 that will be held November 14th to 16th at the European Interbalkan Center of Thessaloniki.

Our city is a thriving metropolis offering world-class infrastructure, a fully integrated transport network, vibrant living space, and a rich culture.

This landmark event brings together some of the brightest minds in spine surgery, trauma, and pain intervention from across the globe. It serves as a platform for surgeons, researchers, and students to exchange cutting-edge insights and breakthroughs that are shaping the future of our field. The meeting offers a comprehensive and exciting Scientific Program spanning 3 days of instructional courses, workshops, lectures, free paper sessions, and expert panel discussions that promise to be both intellectually stimulating and highly practical. You can look forward to indulging yourself in the latest developments in endoscopic spine surgery, kyphoplasty/vertebroplasty, and spinal fusion, as well as pain management and regenerative spine medicine.

We look forward to welcoming you to the 3rd MISS 2025 Congress in Thessaloniki, where pioneering scientific discourse will merge with the city's vibrant culture and history, promising an enriching experience.

On behalf of the Organizing Committee

President

Stylianos Kapetanakis

Orthopaedic Surgeon-Spine Surgeon
Assistant Professor in Orthopaedics, Medical
School, Aristotle University of Thessaloniki

Honorary President

Eleftherios Tsiridis

MD, MSc (Orth)(London), DMed, PhD (London), FACS, FRCS
President European Hip Society
President Hellenic Association of Orthopaedics & Trauma
(2023-24)
Professor & Chairman of Orthopaedic Surgery
Director of Adult Joint Reconstruction
PGH Hospital, Aristotle University Medical School,
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Stylianios Kapetanakis

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INDICATIONS:

- Joint pain management and relief
- Sprains and soft tissue injuries
- Cosmetic procedures
- Reconstructive procedures
- Sports medicine and sports injury
- Wound healing



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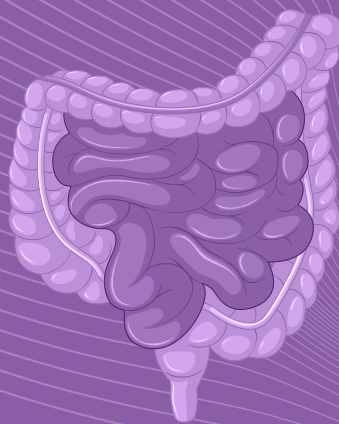


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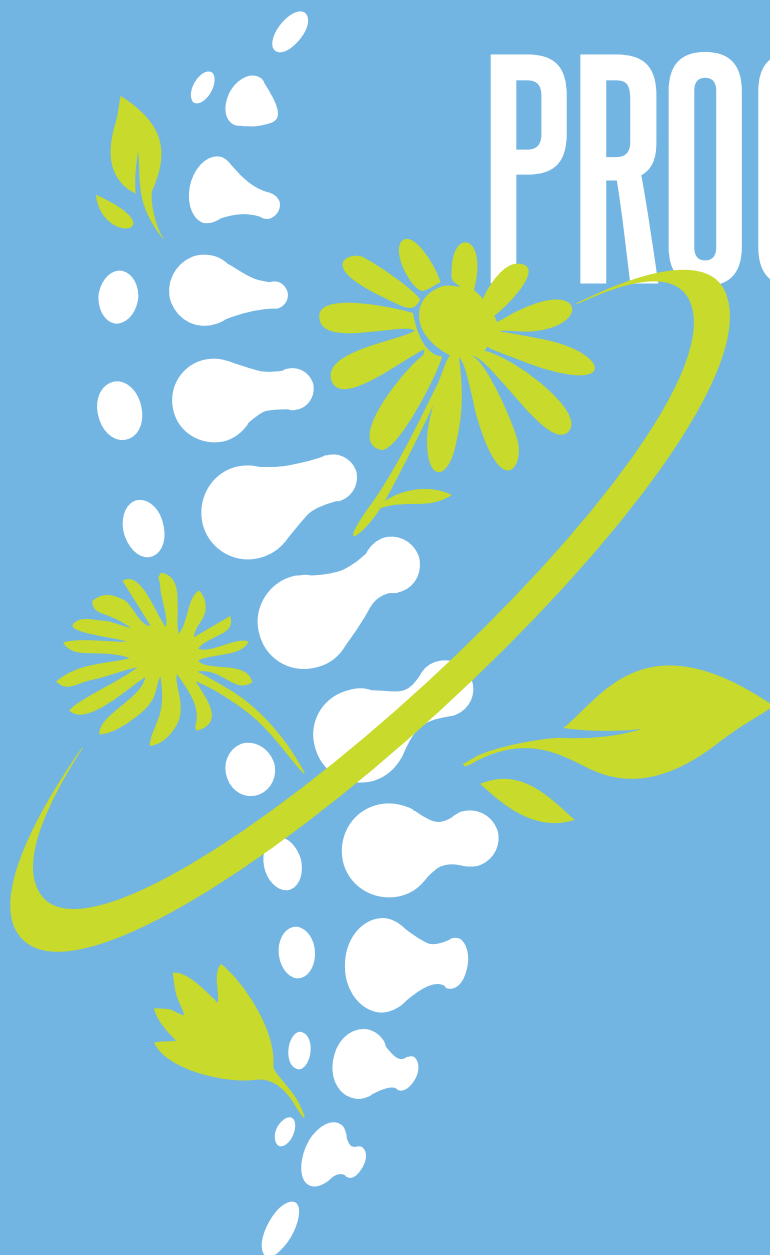
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SCIENTIFIC PROGRAM





FRIDAY, 14TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

08.30

Registration

09.00-09.40

ANATOMY / BIOMECHANICS

Chair: **A. Zibis** 🇧🇪, **G. Paraskevas** 🇧🇪

Cervical spine anatomy

P. Konstantinou 🇧🇪

Lumbar spine anatomy

A. Zibis 🇧🇪

Lumbar spine biomechanics

T. Apostolou 🇧🇪

09.40-10.30

OSTEOPOROSIS MANAGEMENT

Chair: **E. Chronopoulos** 🇧🇪, **A. Anastasilakis** 🇧🇪

Osteoporosis pathophysiology

E. Chronopoulos 🇧🇪

Incidence of fracture in osteoporosis

A. Karponis 🇧🇪

New treatments - Conservative treatment of osteoporosis

A. Anastasilakis 🇧🇪

Kyphoplasty in osteoporotic fractures

V. Stavrev 🇧🇬

10.30-11.00

Coffee break



FRIDAY, 14TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

11.00-11.45

SPINE IMAGING

Chair: **J. Bladowska** 🇵🇱, **A. Karantanas** 🇬🇷

Normal imaging of the spine

J. Bladowska 🇵🇱

Spinal stenosis and disc degeneration CT and MR imaging

E. Vasileiadi-Drakotou 🇬🇷

Scoliosis imaging

D. Chourmouzi 🇬🇷

11.45-12.45

DISC HERNIATION - NEW TECHNIQUES

Chair: **S. Kapetanakis** 🇬🇷, **I. Magras** 🇬🇷

Pathophysiology, intervertebral disc degeneration

N. Gkantsinikoudis 🇬🇷

Lumbar microdiscectomy

I. Magras 🇬🇷

Endoscopic transforaminal discectomy

S. Kapetanakis 🇬🇷

Endoscopic interlaminar discectomy

K. Pazarlis 🇸🇪

Cervical endoscopic discectomy

P. Van Daele 🇧🇪

12.45-13.00

LECTURE

Chair: **A. Karantanas** 🇬🇷

Spinal pathology: the role of imaging in decision making

A. Karantanas 🇬🇷



FRIDAY, 14TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

13.00-14.00

SPINE PAIN TREATMENT

Chair: **L. Stokov** 🇷🇺, **G. Matis** 🇬🇷

From ion channels to inner peace: rethinking spinal pain through the lens of ziconotide

G. Matis 🇬🇷

Laser discectomy

V. Konstantinou 🇬🇷

Cryoablation for chronic pain: a targeted approach

P. Zavrdis 🇬🇷

Cryoablation in spine pathology

L. Stokov 🇷🇺

Prometheus unchained: freeing patients from chronic pain through neuromodulation

G. Matis 🇬🇷

14.00-14.30

CIVIL AND CRIMINAL LIABILITY - MEDICAL MALPRACTICE

Chair: **A. Plevri** 🇬🇷

Medical negligence in the light of criminal law: doctrinal issues, limits and challenges

A. Sachoulidou 🇬🇷

Case law on civil liability in medical mal practice

M. Gerasopoulou 🇬🇷



FRIDAY, 14TH NOVEMBER 2025

14.30-14.45

OPENING CEREMONY

Greetings

Stylianos Kapetanakis, President of Minimally Invasive Spine Surgery from theory to practice

George Zerdilas, Chief Managing Director, Athens Medical Group

Petros Lyberidis, President of the Panhellenic Association of Physiotherapists

Konstantinos Kateros, President of Hellenic Association of Orthopaedic Surgery and Traumatology

Vyron Chalidis, President of the Orthopaedic and Traumatology Association of Macedonia and Thrace

Stefanos Triaridis, Head of the Department of Medicine at Aristotle University of Thessaloniki

Kyriakos Anastasiadis, Rector of the Aristotle University of Thessaloniki

Honorary Awards

14.45-16.30

Break

Laboratory of Anatomy & Surgical Anatomy, AUTH

16.30-20.00

CADAVERIC WORKSHOP

16.30-17.30 Spinal Injections (cervical & lumbar) plus RF pain management **Group A**
P. Zavridis, V. Konstantinou, G. Matis

17.30-18.30 Spinal Injections (cervical & lumbar) plus RF pain management **Group B**
P. Zavridis, V. Konstantinou, G. Matis

18.30-20.00 Lumbar endoscopy **Group A**
P. Van Daele, S. Kapetanakis, K. Pazarlis



SATURDAY, 15TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

08.30-09.45

SPINAL CANAL STENOSIS

Chair: **G. Bakaloudis** , **K. Pazarlis** 

XLIF

G. Bakaloudis 

TLIF, PLIF

I. Palavos 

MIS TLIF

S. Antonopoulos 

ALIF

C. Moussallem 

Endoscopic treatment for lumbar spinal stenosis

K. Pazarlis 

Percutaneous endoscopic ventral facetectomy

S. Kapetanakis 



SATURDAY, 15TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

09.45-10.45

SPINAL DEFORMITIES

Chair: **G. Bakaloudis** , **A.A. Ahmad** 

Adolescent scoliosis

P. Diaremes 

Robotic surgery

G. Bakaloudis 

Active apex correction

A.A. Ahmad 

Major spinal deformity corrections

E. Samoladas 

Minimal invasive or open scoliosis surgery (MISCOS).

A multicenter randomized controlled trial

N. Schizas 

10.45-11.15

SPINAL ONCOLOGY

Chair: **T. Pazonis** , **L. Poultsides** 

Spinal oncology

T. Pazonis 

Reconstructive bone grafting in metastatic thoracolumbar disease

S. Aynaszyan 

11.15-11.45

Coffee break



SATURDAY, 15TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

11.45-12.30

REGENERATIVE MEDICINE IN SPINE

Chair: **T. Totlis** 🇧🇪, **A. Kritis** 🇬🇷

Introduction - Regenerative medicine fact or fiction?

T. Totlis 🇧🇪

Disc degeneration pathophysiology - In vitro intervertebral disc generation using scaffolds

A. Kritis 🇬🇷

Regenerative medicine research and applications in the intervertebral disc

D. Kleisas 🇬🇷

Application of regenerative medicine in spinal cord injuries - Recent advances and research

A. Cömert 🇹🇷

12.30-13.15

SPINAL INFECTIONS

Chair: **K. Ditsios** 🇬🇷, **E. Chronopoulos** 🇬🇷

Sepsis and spine

E. Giamarellos 🇬🇷

Spinal infections: classification

S. Stanchev 🇧🇬

Imaging and diagnostic tools

E. Vasileiadi-Drakotou 🇬🇷

The contribution of general surgeons: when to call? What is their role?

I. Koutelidakis 🇬🇷



SATURDAY, 15TH NOVEMBER 2025

Amphitheater of the Interbalkan Medical Center

13.15-14.00

LECTURES

Chair: **E. Tsiridis** 🇬🇷, **S. Metallidis** 🇬🇷

Spinopelvic evaluation and application in total hip arthroplasty for developmental dysplasia of the hip: the two devils in the same room

E. Tsiridis 🇬🇷

Spondylodiscitis and other infections

S. Metallidis 🇬🇷

AI and robotics in spinal surgery

T. Pazonis 🇺🇸

14.00-14.45

PHYSIOTHERAPY AND REHABILITATION IN SPINAL PATHOLOGY

Chair: **T. Apostolou** 🇬🇷

Spinal fusion rehabilitation

T. Apostolou 🇬🇷

Schroth method for scoliosis

N. Karavidas 🇬🇷

Evidence and clinical applications of spinal manipulation in the rehabilitation of spinal disorders

Ch. Papanikolaou 🇬🇷

Evidence-based physiotherapy management of chronic low back pain

K. Kasimis 🇬🇷

14.45-16.30

Break

Laboratory of Anatomy & Surgical Anatomy, AUTH

16.30-19.00

CADAVERIC WORKSHOP

16.30-17.30

Kyphoplasty & vertebroplasty

V. Stavrev, **S. Kapetanakis**, **G. Bakaloudis**

17.30-19.00

Cervical endoscopy

P. Van Daele

17.30-19.00

Lumbar endoscopy **Group B**

P. Van Daele, **S. Kapetanakis**, **K. Pazarlis**



SUNDAY, 16TH NOVEMBER 2025

Laboratory of Anatomy & Surgical Anatomy, AUTH

09.00-11.00

CADAVERIC WORKSHOP

Thoracic & lumbar screw placement techniques

N. Skoulios, N. Schizas, P. Diaremes, G. Bakaloudis

13.00

End of Congress

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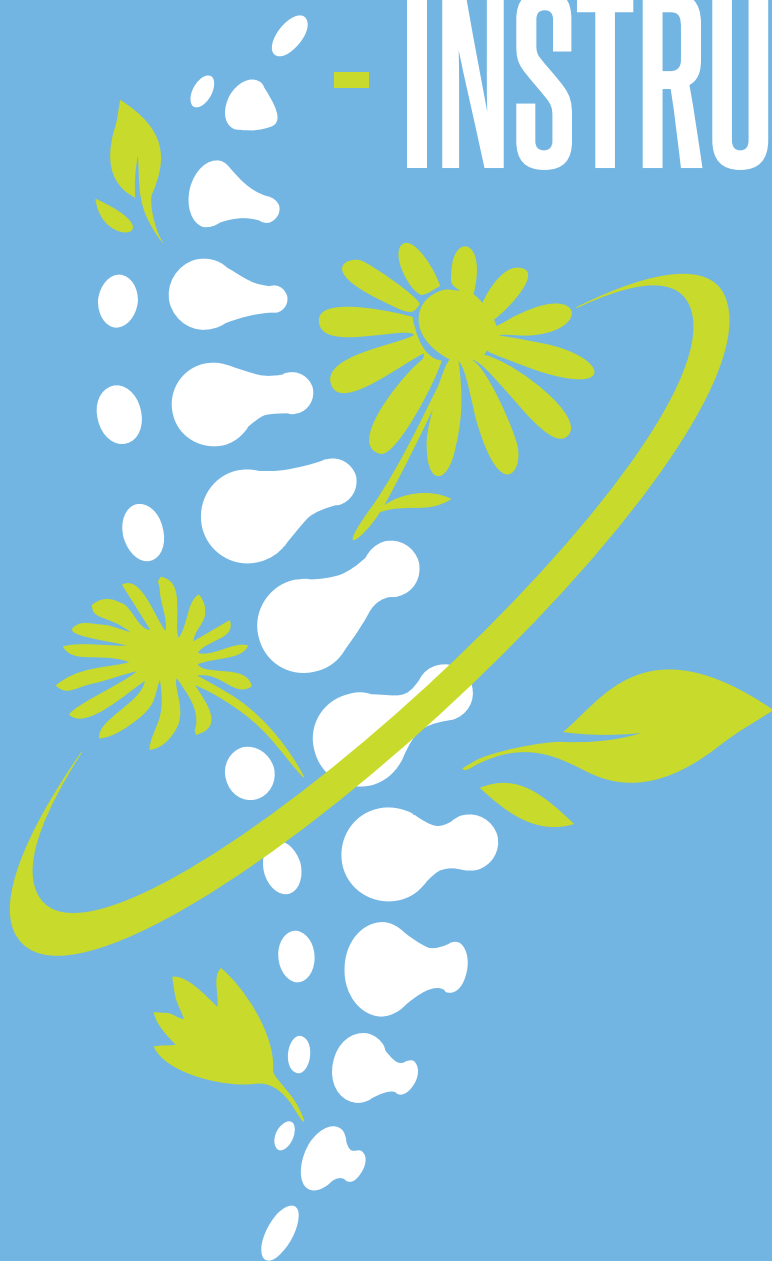
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CHAIRS - SPEAKERS - INSTRUCTORS





CHAIRS - SPEAKERS - INSTRUCTORS

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Orthopaedic Surgery Resident, Temple
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Medicine Center, Marciniak Lower Silesian
Specialist Hospital, Wroclaw, Poland

Chourmouzi Danai

Director, Radiology Department, European
Interbalkan Medical Centre, Thessaloniki, Greece

Chronopoulos Efstathios

Professor of Orthopaedics, National and
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Head of Laboratory for Research of
Musculoskeletal System, KAT Hospital,
Athens, Greece

Cömert Ayhan

Professor of Anatomy, Ankara University, Turkey

Diaremes Panagiotis

Senior Physician, Comm. Head of Spine
Surgery Center, University Hospital Frankfurt
am Main, Germany

Ditsios Konstantinos

Professor of Orthopaedics, Aristotle
University of Thessaloniki, Chairman, 2nd
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General Hospital of Thessaloniki, Greece

Gerasopoulou Maria-Efraimia

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Giamarelos Evangelos

Professor of Internal Medicine and Infectious
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Gkantsinikoudis Nikolaos

Neurosurgeon, Thessaloniki, Greece

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University of Thessaloniki, Director, Spinal
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Medical Center, Thessaloniki, Greece

Karantanas Apostolos

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Chairman, Laboratory of Medical Imaging,
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Clinic, Athens, Greece



CHAIRS - SPEAKERS - INSTRUCTORS

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Konstantinou Vasos

Orthopaedic Surgeon-Traumatologist, Cyprus Dr. Med. University of Athens

Koutelidakis Ioannis

Professor of Surgery, Aristotle University of Thessaloniki, Greece

Kritis Aristidis

Professor of Physiology-Tissue Engineering, Aristotle University of Thessaloniki, Director, Regenerative Medicine Center, Thessaloniki, Greece

Magras Ioannis

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Pazionis Theresa

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Poultides Lazaros

Assist. Professor of Orthopaedic Surgery, Aristotle University of Thessaloniki, Thessaloniki, Greece



CHAIRS - SPEAKERS - INSTRUCTORS

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Assist. Professor of Criminal Law and Criminology, Law School, Aristotle University of Thessaloniki, Thessaloniki, Greece

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Stavrev Vladimir

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Stokov Luben

Professor of Orthopaedic and Trauma Surgery, Doctor of Medical Science, Bulgaria

Totlis Trifon

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Assist. Professor in Surgical Anatomy, Aristotle University of Thessaloniki, Thessaloniki, Greece

Tsiridis Eleftherios

Professor & Chairman of Orthopaedic Surgery
Director of Adult Joint Reconstruction
PGH Hospital, Aristotle University of Thessaloniki, Greece, President European Hip Society, President Hellenic Association of Orthopaedics & Trauma (2023-2024)

Van Daele Peter

Endoscopic Spinal Surgeon, Waregem, Belgium

Vasileiadi-Drakotou Elena

Radiologist, Ygeia Iatriki Apeikonisi, Larissa, Greece

Zavridis Periklis

Anaesthetist & Pain Specialist, Cyprus Pain Clinic, Cyprus, Assist. Professor of Medicine, European University, Cyprus

Zibis Aristidis

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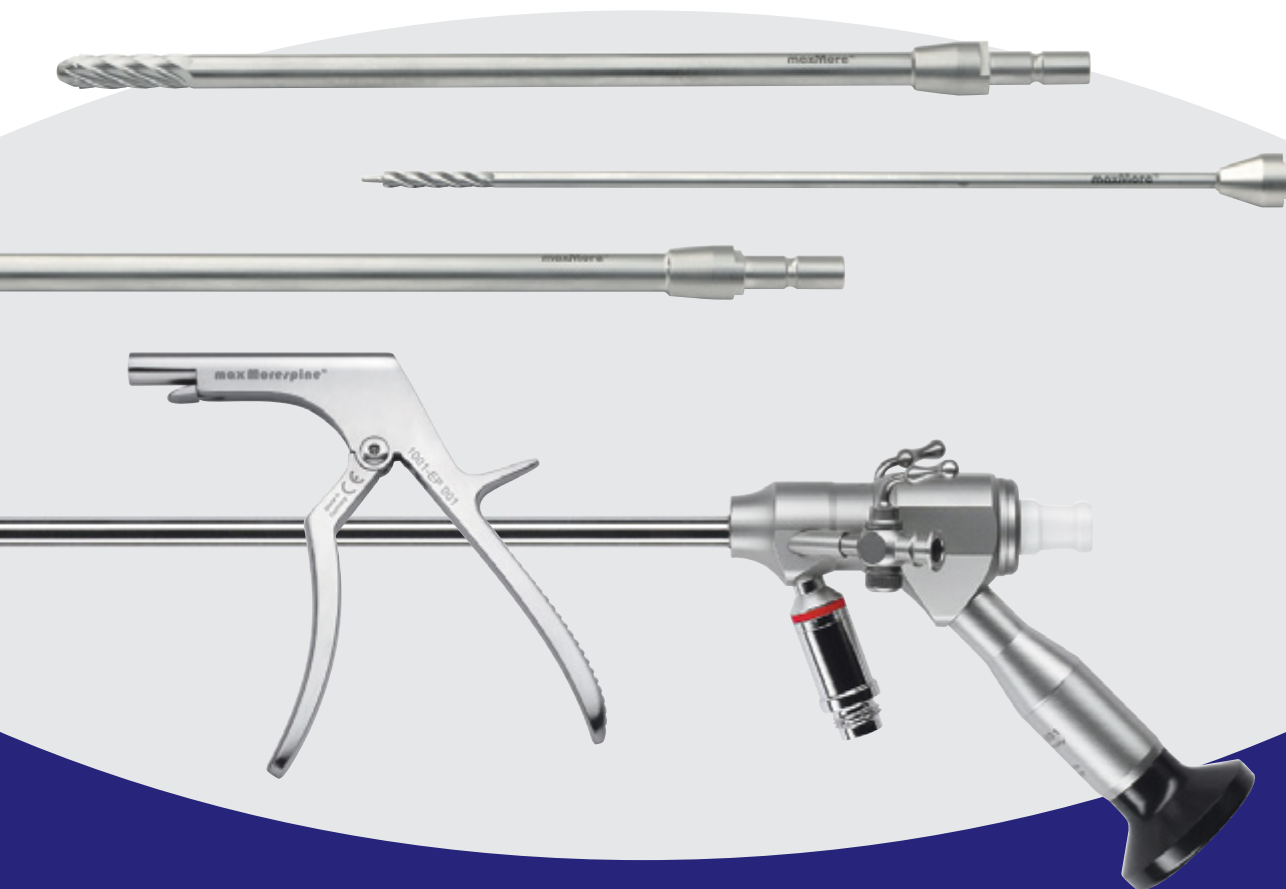
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GENERAL INFORMATION

Date

November, 14th -16th 2025

Workshops Venue

Laboratory of Anatomy and Surgical Anatomy of Aristotle University of Thessaloniki

(University Campus, Thessaloniki, Greece, Tel.: 0030 2310999305)

Lectures Venue

Interbalkan Medical Center

(Asklipiou 10 Pylaia, Str., Thessaloniki, Greece, Tel.: 0030 2310 400000)

Official language

English will be the official language of the Congress.

CME accreditation

The Congress has been granted with 20 ECMECs by the EACCME.

Certificate of attendance

The certificates will be sent by the end of the Congress and as soon as the evaluation form will be submitted to the Congress Secretariat.

Presentations

Available audiovisual equipment for all presentations will be through power point presentation. For power point presentations, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your usb stick.

Exhibition

Within the Congress area there will be an exhibition of medical equipment and pharmaceutical products.



GENERAL INFORMATION

Registration Fees

Registration Type	Cost
Lectures	
Specialists / Residents (only lectures)	120€
Physiatrists / Physiotherapists	50€
Students	Free
Cadaveric Workshops (includes lecture) Specialists / Residents	
Thoracic & lumbar screw placement techniques	500€
Kyphoplasty & Vertebroplasty	350€
Lumbar Endoscopy	500€
Spinal injections (cervical & lumbar) plus RF pain management	250€
Cervical Endoscopy	600€
Combo Cadaveric Workshops (includes lecture) Specialists / Residents	
• Thoracic & lumbar screw placement techniques	700€
• Kyphoplasty & Vertebroplasty	
• Thoracic & lumbar screw placement techniques	800€
• Cervical Endoscopy	
• Lumbar Endoscopy	600€
• Spinal injections (cervical & lumbar) plus RF pain management	
• Cervical Endoscopy	700€
• Spinal injections (cervical & lumbar) plus RF pain management	

24% VAT is included in the above registration rates

- * There is limited number of workshops observators, 10 persons per cadaveric workshop (5 persons per cadaver) and the availability is assigned on a "first-come, first-served" basis.



GENERAL INFORMATION

Congress Secretariat



Global Events
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Conference & Event Management

Thessaloniki: 50 A Stadiou Str., 55534, Pylaia, Thessaloniki

Tel.: +30 2310 247734-43, **e-mail:** info@globalevents.gr

Athens: 2 Valestra str. & 168 A. Syngrou Av., 17671, Athens

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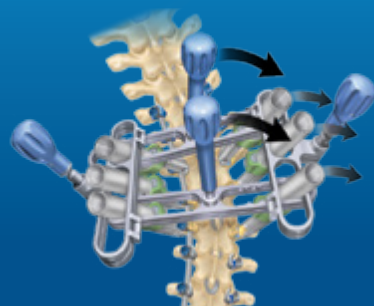
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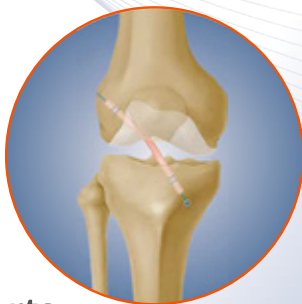
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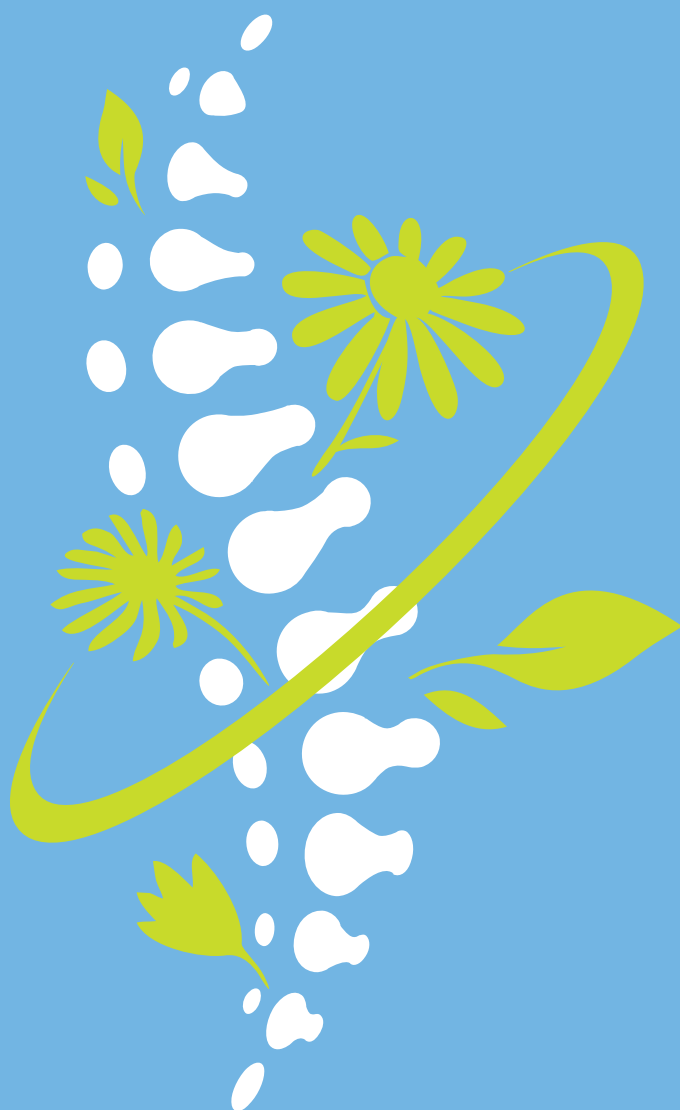




Thessaloniki, Greece

Interbalkan Medical Center (theoretical part)
Laboratory of Anatomy & Surgical Anatomy,
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(practical part)

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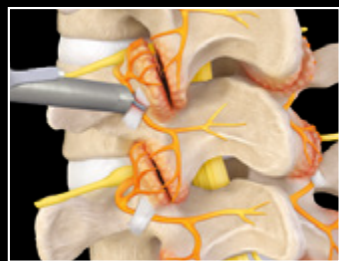
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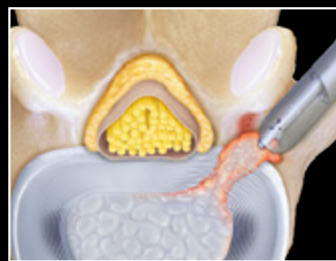
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